



Please use the following lesson plan to mark International Women's Day on 08.03.10. Students will learn about The Fountain of Life Centre run by the Good Shepherd Sisters in Pattaya. The centre aims to empower vulnerable women through education and vocational training.

Most women come to Pattaya in hope to improve their economic situation and find themselves under pressure to raise money to support their families; vulnerable women can be tempted into work which exploits them mercilessly.

The Fountain of Life offers training in hairdressing, languages, cooking, computing, courses in health and personal development. It teaches the women self-reliance and self-esteem, which in turn transforms the lives of their children.

The Centre aims to awaken a sense of worth and dignity within each woman and to build the confidence that is essential to bring change to their lives.

The lesson is designed to be used in conjunction with a PowerPoint slide show, to be shown on a classroom interactive whiteboard

For more info: <http://www.thaichildrenstrust.org.uk/projects/Fountain?tab=details>

Objectives:

- To learn The International Women's Day motto '*celebrating the economic, political and social achievements of women.*'
- Contribute to group and class discussions.

Introduction

Tell students they will be marking International Women's Day and learning about students at The Fountain of Life Centre in Thailand. This Centre is supported by **The Thai Children's Trust.**

Slide 1. Introduce The Thai Children's Trust: A charity that supports 2,000 children in Thailand.

The Thai Children's Trust also supports The Fountain of Life Center for vulnerable women in Pattaya, Thailand.

Slide 2 Introduce Thailand and Pattaya. Have any students ever visited Thailand? Can any students describe what they imagine Thailand to be like?

Locate Pattaya on the map. Explain to students That Thailand is still a developing country and many still live in desperate poverty.

Highlight that many women come to Pattaya to seek work to support their families. Unfortunately many of these women fall into work that exploits them mercilessly.

Slide 3 Introduce the Fountain of Life project, read through notes on slide.

Slide 4 Introduce The Fountain of Life symbol. (Notes on slide)

Slide 5 Highlight 8th March is International Women's Day and the motto written in the box. The Day's symbolism has a wider meaning: It is an occasion to review how far women have come in their struggle for equality and peace.

Slide 6 Read the success story! Written by Sr Supaporn, the director of The FoL Centre.

Slide 7 Discuss; How does The Fountain of Life Centre help women achieve the importance of The International Women's Day Motto '*celebrating the economic, political and social achievements of women.*'

How

Talk through ideas on how your school can help the Fountain of Life!

For more lesson plans please see <http://www.thaichildrenstrust.org.uk/school>

Or email schools@thaichildrenstrust.org.uk to sign up for our free school newsletter.