



Living Positive Lesson Plan

Teacher's Notes: This lesson plan is designed to help you raise awareness of HIV and AIDS by approaching the subject from a sensitive standpoint. You should adapt the presentation of the material to comply with the ethos of the school within which you work.

You will be showing your students a 7-minute video about the Camilian Social Center in Rayong, Thailand. This center is run by Father Giovanni for children born with HIV. The video will show a young girl, she is the oldest living teenager to be born with HIV living in Asia:

<http://www.thaichildrenstrust.org.uk/projects/HIV>

This lesson should take 40- 50 minutes.

For Catholic School guidance please see CAFOD's Response: <http://www.cafod.org.uk/press-centre/hiv/cafod-response>

Introduction

The United Nations Millennium Development Goal is 'To have halted and begun to reverse the spread of HIV and AIDS by 2015. This goal can be reached through educating and raising awareness about the virus through World AIDS day on December 1st

Starter activity:

Ask students what they know about HIV and AIDS already, write answers on the board.

An icebreaker to start this activity can be clarifying S.T.D stands for Sexually Transmitted Disease; HIV is a sexually transmitted disease.

(Make clear at this point that discriminatory and stigmatising statements are unacceptable)

Review what is written on the board, leaving only the correct information. Make sure they are aware of the following facts before continuing:

- 1. HIV stands for Human Immunodeficiency Virus (HIV) it is a sexually transmitted virus that attacks the body's immune system, which provides a natural defence system against disease and infection.**
- 2. AIDS stands for Acquired Immune Deficiency Syndrome. It is a term that is used to describe the latter stages of HIV, when the immune system has stopped working and the person develops a life-threatening condition.**
- 3. HIV can be passed on when infected bodily fluid, such as blood or semen, is passed into an uninfected person. This can happen during sexual intercourse. Drug users who inject and share needles are also at risk. The virus can also spread from a mother to her unborn child.**
- 4. Things like coughing, sneezing, kissing, and sharing a toilet seat can not transmit HIV.**

Main activity

Tell students they are about to watch a film about The Camilian Social Center in Rayong, Thailand. This center is run by Father Giovanni for adults and children living with HIV and AIDS.

1. Students to watch the Living Positive film clip and fill in questions on the following worksheet. *(Allow students to read through the questions before watching the clip)*
<http://www.thaichildrenstrust.org.uk/projects/HIV>
2. Feed back and clarify answers through discussion.

Plenary

What do students think now about HIV and any misconceptions they may have had?
Do they think that the Millennium development goal will be achieved?

Discuss



Answer the questions from watching the video.

1. What is HIV?
2. What is AIDS?
3. As well as taking medication what else do these children need to stay strong?
4. The medication the children take is called ARV – what does this stand for?
5. The children that are feeling well and strong enough attend local schools. Why do you think it is important to them that they are able to go to school with other children that do not have the virus?
6. The children at the center can visit the nurse anytime if they are feeling unwell. The nurse also helps them by listening to their concerns. What do you think some of these concerns may be?
7. What is the best way to behave in order to avoid getting HIV?
8. Oon is the oldest living teenager to be born with HIV living in Asia how would you feel if you met Oon? Would there be anything you would like to ask her?

Teachers Answer Sheet

1. *HIV is when your immune system is weakened*
2. *AIDS Immune system no longer works; therefor many opportunistic infections can be caught. Can lead to death.*
3. *As well as medication the children need care and good food to stay strong.*
4. *ARV stands for Anti Retro Viral*
5. *Almost all of the children now attend local schools. School brings normality, friends, and a social life as well as education and training.*
6. *Worries discussed with the nurse may be about their future or friends/ societies attitude toward them.*
7. *By acting responsibly. Not being sexually promiscuous or engaging in sexual activity outside of a stable and loving relationship. Not using illegal substances.*
8. *Encourage positive personal reflection from your students.*